

"Teachers Helping Teachers" The Power of Support

Erasmus+



Date: August 27, 2025

Place: Onion House Cultural and Community Center, Makó, Posta u. 2, 6900, HUN

Presents: Bulgarian Team







What will you see today?

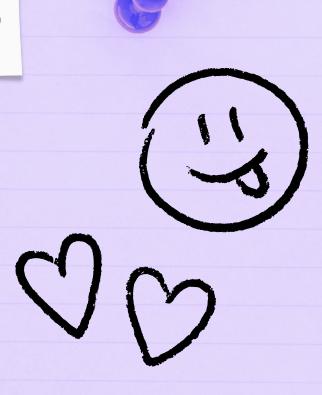
- A short scene based on real-life situations in school
- A meeting between two teachers one exhausted, the other supportive
- An example of the method "Teachers Helping Teachers" from Jane Nelsen's Positive Discipline
- An opportunity interaction and reflection



- How do we react when we feel powerless in front of a class?
- Do we seek support or isolate ourselves?
- What would happen if teachers stopped competing and started helping each other?
- What is the power of a well-timed, thoughtful question?



03



Key Message:

"When teachers help each other, students win."
Positive Discipline is about support, not control.