

What is the answer of the Positive discipline approach to the challenges of teaching the Rising New Generation?

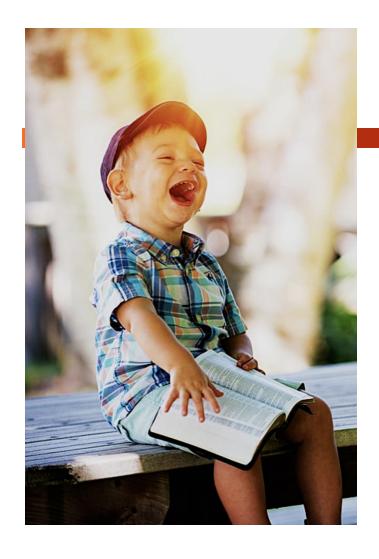
How it aligns with the science of motivation?

Krisztina Gaudry, Certified Positive Discipline Trainer – Teacher August 27th 2025



- 6 schools from 6 countries
- 5 teachers and 5 parents in each country
- Research to follow the outcome





"Children and adults do better when they feel better"

Dr Jane Nelsen

Connection





TODAY 'S PRESENTATION

- 1.The educational challenges we face with the new generation
- 2. Explore what science tells us about motivation
- 3. See what Positive Discipline is and what tools it offers to respond to these challenges



Classroom and families

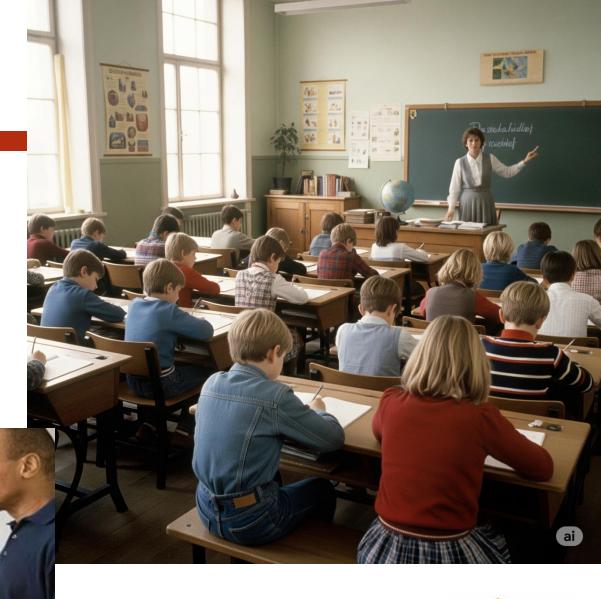
Discipline and Order

PUNISHMENT

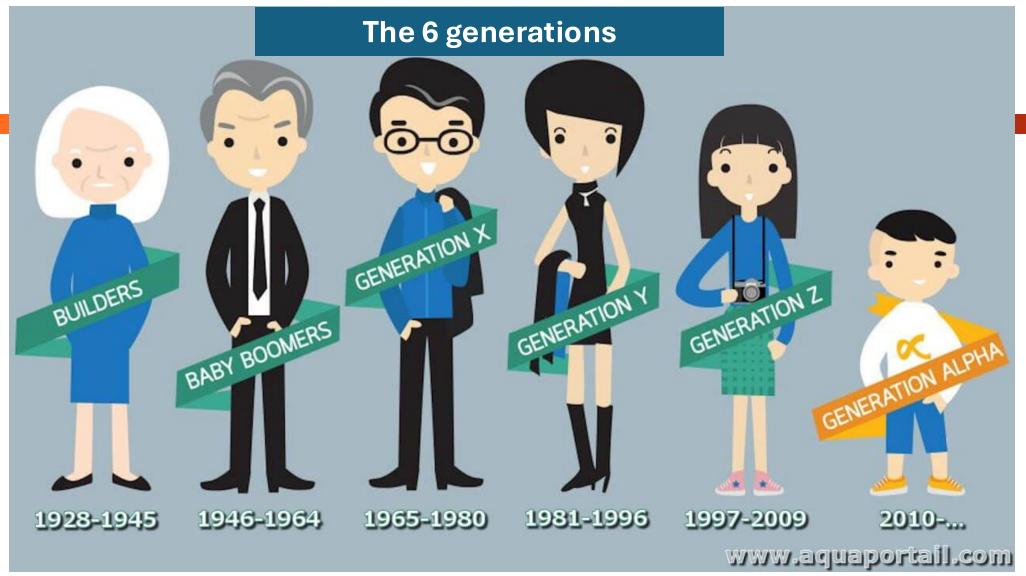
REWARDS

Vertical Relationships







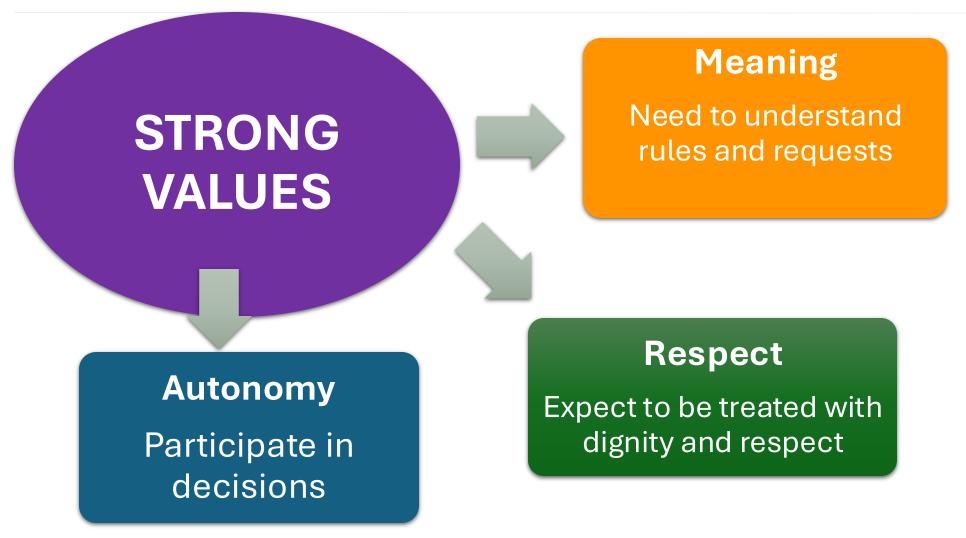








The Values of the New Generation



Factors that promote intrinsic (self) motivation and well-being

External Motivation

PUNISHMENT REWARDS

GRADES, MONEY, NOTES



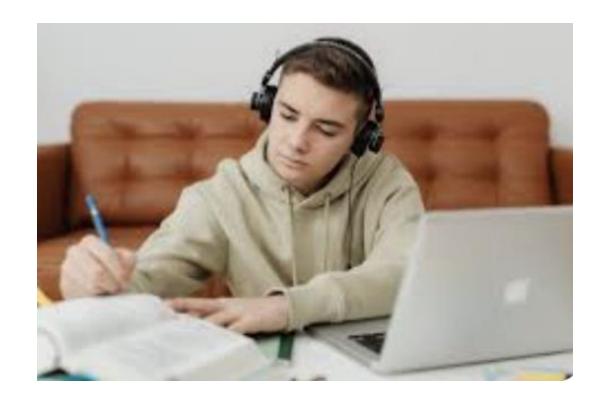


Have a negative impact on performance on the long term



Internal Motivation

DESIRE TO KNOW CURIOSITY MASTERY





LASTING IN TIME



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HUMANS' 3 BASIC NEEDS: MOTIVATION AND ENGAGEMENT

Theory of Motivation Theory of Self Determination,

Deci and Ryan (1985)

Belonging and Relatedness
I have a place and I am connected to others

Competence I feel I am capable Motivation **Autonomy** I have the choice

Factors that promote intrinsic (self) motivation and well-being



Positive Discipline

Developped practical workshops to enrich educational skills in the 80ies

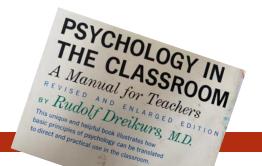


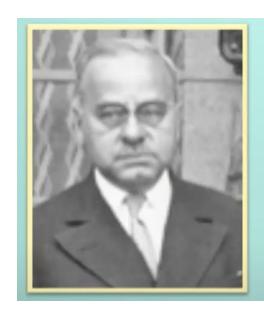
Dr Jane Nelsen Family Therapist

Lynn Lott Family Therapist

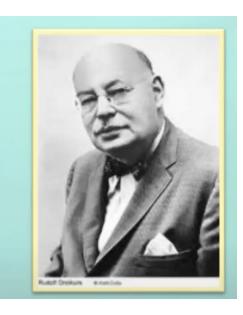


Psychologycal approach





Dr Alfred Adler 1870-1937 Psychiatrist



Dr Rudolf Dreikurs 1897-1972 Psychiatrist

They used psychology to understand the the behavior and the belief behind

Non-punitive methods to teach children to become respectful, responsible and contributing members of society and their communities.

Dr Alfred Adler 's Psychology

Horizontal relationships

Need: Respect and

dignity

Humans are social beings:
The need for Belonging and Significance

Community Feeling Need: Contribution

All behaviour is goal oriented



PD Focus on the simultaneous use of

KINDNESS

Connection with the others, his world and his reality, his vision

FIRMNESS

Self respect, respect for one's own needs and needs of the situation

ENCOURAGMENT

Instil strength and courage develop a sense of capacity



To invite COOPERATION

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Positive Discipline

Children need encouragement like a plant needs water and sunshine.

He can't survive without it Rudoplf Dreikurs

Que dit la science ??

Caroll Dweck, Stanford University

A mindset that fosters resilience: When students believe that personal characteristics can be developed. David Scott Yeager & Carol S. Dweck, 2012

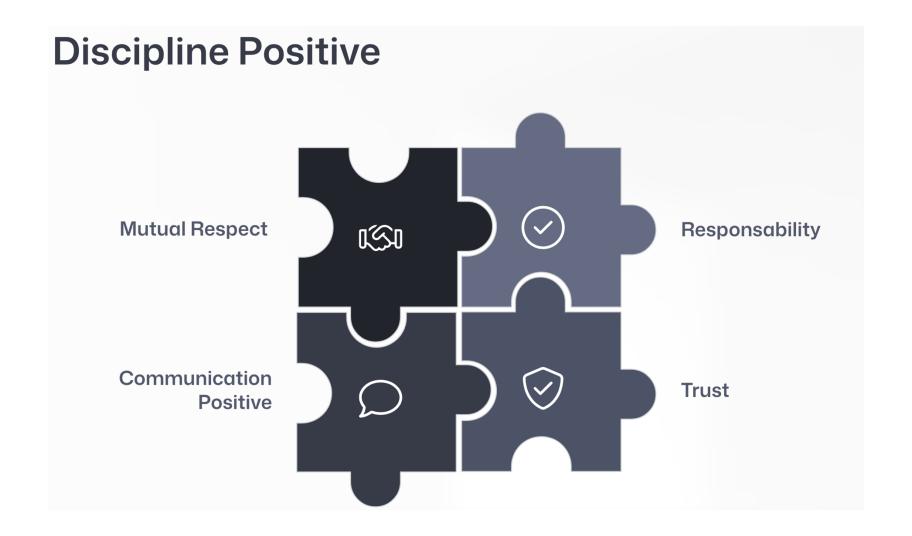






So, in the end

what is the answer of the Positive discipline approach to the challenges of teaching the Rising New Generation?







The classroom becomes



Safe place to learn

A caring community

It changes the class dynamics Prevents bullying







It develops essential skills for learning and for life

- Life skills
- 21st century skills





Respect

Problem solving

Healthy self confidence and self awareness

Cooperation Critical thinking skills

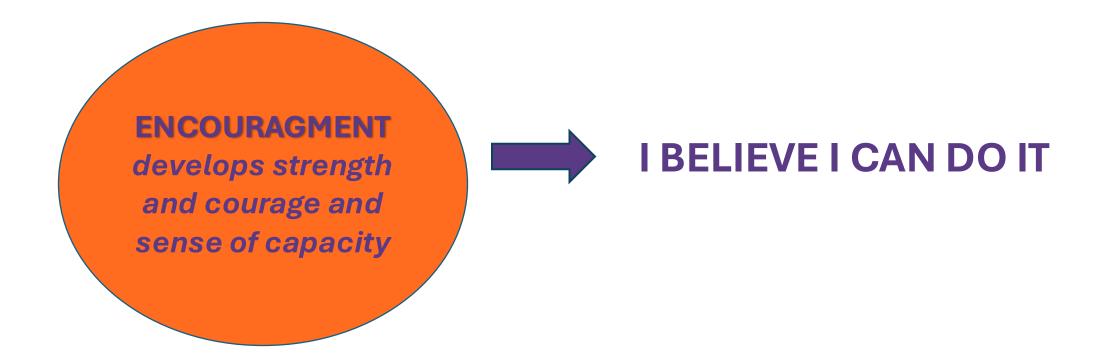
SYSTEMIC CHANGE

- -training for teachers and parents
- activity book to teach students skills-52 cards to help implement change





Encouragement = motivation







If you wish to learn more about practical tools about

Fostering Student Engagement and Motivation



you can contact me via email: krisztinagaudrydp@gmail.com

